

BAKERS + BARISTAS

Nutrition & Allergen Guide

Ireland & Northern Ireland
Summer 2024

This guide will provide nutritional and allergen information for core products. Please ensure you take extra care to identify all the possible allergens present in our products, if you require support please ask a member of our team.

PLEASE BE AWARE WE HANDLE ALL ALLERGENS IN OUR KITCHENS AND CANNOT GUARANTEE AN ALLERGEN FREE ENVIRONMENT.

ANY PRODUCTS MADE AND SERVED FRESH IN OUR STORES MAY CONTAIN ALLERGENS NOT LISTED BELOW.

THE ALLERGENS LISTED BELOW ARE THOSE CONTAINED IN THE INGREDIENTS TO THE RECIPE.

If the product you are interested in is not listing within this guide, please speak to a store member or email customercare@bakersbaristas.com for more information.

For prepackaged food and drink, the allergen information is provided on the packaging labels in-store.

This information is updated regularly to reflect our procedures instore and seasonal product range.

Please make sure you are referencing the most up-to-date guide.

Please check at <https://www.bakersbaristas.com/allergen-information/> for the most up to date information.

Within this booklet it will provide information on the following 14 allergens:

- **Cereals containing gluten** (such as Barley, Kamut, Oats, Rye, Spelt, Wheat)
- **Crustaceans** (such as prawns, crabs and lobsters)
- **Eggs**
- **Fish**
- **Lupin**
- **Milk**
- **Celery,**
- **Molluscs** (such as mussels and oysters),
- **Mustard**
- **Peanuts**
- **Sesame**
- **Soybeans** (Soya)
- **Sulphur Dioxide and Sulphites** (if the sulphur dioxide and sulphites are at a concentration of more than ten parts per million)
- **Tree nuts** (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios and macadamia nuts).

Classic Seasonal Deluxe Made without Gluten Vegan Mini

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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CLASSIC MUFFINS

Chocolate Chunk Muffin		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	
Double Chocolate Chunk with Malted Balls		Y	N	Y	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	
Double Chocolate Butterfly Muffin		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	
Polka Dot Muffin		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	
Raspberry & Apple Crumble Muffin		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	Y	N	N	
Sticky Toffee Muffin		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	Y	N	N	
Apple & Cinnamon Muffin	433	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	Soya
Blueberry Muffin - Crème	446	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	

LIMITED EDITION MUFFINS

Jammie Dodger Muffin	688	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	Y	N	N	
Iced Mocha Muffin	712	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	Tree nuts, Peanuts
Chocolate Sweetheart Valentine	622	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	
Caramel Bunny	626	Y	N	Y	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	
Raspberry & White Chocolate Butterfly	601	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	

DELUXE MUFFINS

Strawberries & Cream	561	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	
Victoria Sponge Muffin	698	Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	
Rhubarb & Custard Crumble	611	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	Y	N	N	Soya
Caramel Twist	636	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	

MADE WITHOUT GLUTEN MUFFINS

Eton Mess Muffin	628	N	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	These products are made in a kitchen containing Gluten, we cannot guarantee they are suitable for Coeliac's
Blueberry Muffin	503	N	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	
Sweetheart Trifle Muffin	620	N	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	
Almond Muffin	553	N	N	N	N	N	N	N	Y	N	N	N	N	Y	N	N	N	N	N	N	Sesame. This product is made in a kitchen containing Gluten, we cannot guarantee it is suitable for Coeliac's

VEGAN MUFFINS

Lemon Meringue Muffin	607	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	Eggs, Milk, Soya, Barley
Raspberry Muffin	423	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Eggs, Milk, Soya

MINI MUFFINS

Chocolate Mini Muffin - plain		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	
Crème Mini Muffin - plain		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	
Mini Bakes (6) Crème		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	
Mini Bakes (6) Chocolate		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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COOKIES

Triple Chocolate Belgian Cookie		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	N	
Double Chocolate Belgian Cookie		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	N	
Belgian White Chocolate Chunk		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	N	

DONUTS

White Chocolate Ball Doughnut		Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	Y	N	N	N	
Chocolate & Caramel Ball Doughnut		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	Y	N	N	N	

SCONES

Fruit Scone with Butter and Jam		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	
Plain Scone with Butter and Jam		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	
Brown Scone with Butter and Jam		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	Celery, Nuts, Sesame Seeds, Soya
Strawberry Jam Jar		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	

PASTRIES

LaBo Almond Croissant	357	Y	N	N	N	N	N	N	Y	N	N	N	Y	Y	N	N	N	N	N	N	N	Sesame, Soya, Hazelnuts, Pecans
Pain au Raisin		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	
Plain Croissant		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	
Cinnamon Swirl	337	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	Tree nuts, Sesame, Soya

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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SLICED CAKES

Pear & Almond Cake	310	Y	N	N	N	N	N	N	Y	N	N	N	Y	Y	N	N	N	N	N	N	
Banana Walnut Loaf cake	286	Y	N	N	N	N	N	N	Y	N	N	N	Y	Y	N	N	N	N	N	N	Sesame,
Lemon Drizzle Cake		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	
Strawberry and Rhubarb Crumble cake	330	Y	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	May contain Tree Nuts

TRAYBAKES

Rocky Road Traybake		Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	Y	N	N	Tree nuts, Peanuts
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Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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FRESH BAPS

Sausage & Bacon Bap		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	Y	N	N	Nuts, Sesame, Soya, Milk, Mustard, Cereals containing Gluten, Soya
Bacon Bap		Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	Nuts, Sesame, Soya, Cereals containing Gluten, Sulphites, Soya

BAGUETTES

Chicken Tikka with Mango Chutney & Mayo Baguette	522	Y	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	Tree nuts, Peanuts, Sesame
Soft Cheese, Red Onion Chutney, Tomato & Rocket Baguette	465	Y	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	Y	N	N	Tree nuts, Sesame
Ham & Cheese White Baguette		Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	Nuts, Sesame, Cereals containing Gluten
Tuna Mayonnaise & Rocket Malted Wheat Baguette		Y	N	Y	N	N	N	N	Y	Y	N	Y	N	N	N	Y	N	N	N	N	Nuts, Sesame, Peanuts, Celery, Cereals containing Gluten, Crustaceans, Milk

ITALIAN FLATBREADS

Ham Hock & Grated Cheese	528	Y	Y	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	Nuts, Sesame, Egg
Triple Cheese and Ballymaloe Relish Flatbread	567	Y	Y	N	N	N	N	N	Y	N	N	N	Y	N	N	Y	N	N	N	N	
Mozzarella, Tomato, Pesto & Rocket	499	Y	Y	N	N	N	N	N	Y	N	N	N	Y	Y	N	N	N	N	N	N	
BBQ Chicken with Grated Cheese Flatbread	446	Y	Y	N	N	N	N	N	N	N	N	N	Y	N	N	Y	N	N	N	N	Eggs

BAGELS

Smoked Salmon & Cream Cheese		Y	N	N	N	N	N	N	N	Y	N	Y	Y	N	N	N	N	N	N	N	
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TOASTIES

Cheddar Cheese & Red Onion		Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Barley
Grilled Cheese		Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Barley
Ham & Cheddar Cheese		Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Barley
Cheddar Cheese & Tomato		Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Barley

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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PANINIS

Chicken with Franks Original Hot Sauce Mayo & Sliced Mozzarella Panini	465	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	Tree nuts, Milk, Pecans, Walnuts
Summer BBQ Pulled Pork, Crunchy Sweetcorn Relish & Sliced Mozzarella Panini	440	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	Tree nuts, Milk, Pecans, Walnuts
Tuna Melt Panini		Y	N	N	N	N	N	N	Y	Y	N	N	Y	N	N	Y	N	N	N	N	N	Barley, Celery, Gluten, Crustaceans, Mustard, Sesame, Soya, Nuts
Ham & Cheddar Cheese Panini		Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	Nuts, Sesame
Cheesy BBQ Bean Panini	470	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	Y	N	N	N	N	N	Pecans, Walnuts
BBQ Cajun Chicken Panini	632	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	Y	N	N	N	N	N	Pecans, Walnuts
All Day Breakfast Panini	725	Y	N	N	N	N	N	N	Y	N	N	N	N	N	N	Y	N	Y	N	N	N	Tree nuts, Milk, Pecans, Walnuts

WRAPS

Chicken Caesar Wrap	384	Y	N	N	N	N	N	N	Y	Y	N	N	Y	N	Y	Y	N	N	N	N	N	
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FILLED CROISSANTS

Caprese Croissant	441	Y	N	N	N	N	N	N	Y	N	N	N	Y	Y	N	N	N	N	N	N	N	Sesame, Soya
Ham & Cheddar Cheese		Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	Nuts, Sesame, Soya, Cereals Containing Gluten, Sulphur Dioxide
Cheese & Tomato Croissant	376	Y	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	Tree nuts, Sesame, Soya
Brie & Pesto Croissant	431	Y	N	N	N	N	N	N	Y	N	N	N	Y	Y	N	N	N	N	N	N	N	Sesame, Soya

FRESH TOAST

Toast with Butter - white		Y	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	Y	N	N	N	
Toast with Butter - brown		Y	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	Y	N	N	N	

SAUSAGE ROLL

Hot Sausage Roll		Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	Cereals containing gluten, Egg, Soya, Milk
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SOUP

Tomato & Basil Soup with half baguette		Y	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	
Cream of Vegetable Soup with half baguette		Y	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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COFFEE

Espresso	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Double Espresso	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Flat White (skimmed milk) Small	70	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Flat White (whole milk) Small	130	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Flat White (almond milk) Small	25	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Flat White (coconut milk) Small	66	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Flat White (oat milk) Small	90	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Flat White (soya milk) Small	87	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Americano (black) Small	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Americano (black) Regular	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Americano (black) Large	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Americano (white skimmed milk) Small	44	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Americano (white skimmed milk) Regular	44	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Americano (white skimmed milk) Large	44	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Americano (white whole milk) Small	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Americano (white whole milk) Regular	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Americano (white whole milk) Large	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Americano (white almond milk) Small	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Americano (white almond milk) Regular	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Americano (white almond milk) Large	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Americano (white coconut milk) Small	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Americano (white coconut milk) Regular	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Americano (white coconut milk) Large	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Americano (white oat milk) Small	57	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Americano (white oat milk) Regular	57	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Americano (white oat milk) Large	57	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Americano (white soya milk) Small	55	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Americano (white soya milk) Regular	55	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Americano (white soya milk) Large	55	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	

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COFFEE

Cappuccino (skimmed milk) Small	72	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Cappuccino (skimmed milk) Regular	86	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Cappuccino (skimmed milk) Large	98	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Cappuccino (whole milk) Small	133	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Cappuccino (whole milk) Regular	158	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Cappuccino (whole milk) Large	180	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Cappuccino No Chocolate Sprinkles (almond milk) Small	27	N	N	N	N	N	N	N	N	N	N	N	N*	Y	N	N	N	N	N	N	
Cappuccino No Chocolate Sprinkles (almond milk) Regular	31	N	N	N	N	N	N	N	N	N	N	N	N*	Y	N	N	N	N	N	N	
Cappuccino No Chocolate Sprinkles (almond milk) Large	36	N	N	N	N	N	N	N	N	N	N	N	N*	Y	N	N	N	N	N	N	
Cappuccino No Chocolate Sprinkles (coconut milk) Small	68	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N	
Cappuccino No Chocolate Sprinkles (coconut milk) Regular	81	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N	
Cappuccino No Chocolate Sprinkles (coconut milk) Large	92	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N	
Cappuccino No Chocolate Sprinkles (oat milk) Small	92	N	N	N	Y	N	N	N	N	N	N	N	N*	N	N	N	N	N	N	N	
Cappuccino No Chocolate Sprinkles (oat milk) Regular	110	N	N	N	Y	N	N	N	N	N	N	N	N*	N	N	N	N	N	N	N	
Cappuccino No Chocolate Sprinkles (oat milk) Large	125	N	N	N	Y	N	N	N	N	N	N	N	N*	N	N	N	N	N	N	N	
Cappuccino No Chocolate Sprinkles (soya milk) Small	89	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N	
Cappuccino No Chocolate Sprinkles (soya milk) Regular	106	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N	
Cappuccino No Chocolate Sprinkles (soya milk) Large	121	N	N	N	N	N	N	N	N	N	N	Y	N*	N	N	N	N	N	N	N	

***ALLERGY ADVICE - PLEASE NOTE: OUR HOT CHOCOLATE POWDER USED FOR SPRINKLES CONTAIN MILK**

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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COFFEE

Latte (skimmed milk) Regular	84	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Latte (skimmed milk) Large	95	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Latte (whole milk) Regular	156	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Latte (whole milk) Large	178	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Latte (almond milk) Regular	29	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Latte (almond milk) Large	34	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Latte (coconut milk) Regular	79	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Latte (coconut milk) Large	90	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Latte (oat milk) Regular	108	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Latte (oat milk) Large	123	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Latte (soya milk) Regular	104	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Latte (soya milk) Large	119	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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CHOCOLATE DRINKS

Hot Chocolate (skimmed milk) Regular	239	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Hot Chocolate (skimmed milk) Large	310	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Hot Chocolate (whole milk) Regular	312	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Hot Chocolate (whole milk) Large	392	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Hot Chocolate (almond milk) Regular	185	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N	N	
Hot Chocolate (almond milk) Large	248	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N	N	
Hot Chocolate (coconut milk) Regular	235	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	
Hot Chocolate (coconut milk) Large	304	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	
Hot Chocolate (oat milk) Regular	264	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N	N	
Hot Chocolate (oat milk) Large	337	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N	N	
Hot Chocolate (soya milk) Regular	260	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	
Hot Chocolate (soya milk) Large	333	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	
Mocha (skimmed milk) Regular	229	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Mocha (skimmed milk) Large	289	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Mocha (whole milk) Regular	293	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Mocha (whole milk) Large	354	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Mocha (almond milk) Regular	182	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N	N	
Mocha (almond milk) Large	241	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N	N	
Mocha (coconut milk) Regular	225	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	
Mocha (coconut milk) Large	285	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	
Mocha (oat milk) Regular	250	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N	N	
Mocha (oat milk) Large	311	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N	N	
Mocha (soya milk) Regular	247	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	
Mocha (soya milk) Large	308	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	

***ALLERGY ADVICE - OUR HOT CHOCOLATE POWDER DOES CONTAIN MILK, ANY MILK CHANGES WON'T REMOVE THE ALLERGEN**

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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CHOCOLATE DRINKS

Kids Hot Chocolate (skimmed milk)	225	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Kids Hot Chocolate (whole milk)	273	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Kids Hot Chocolate (almond milk)	242	N	N	N	N	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N	
Kids Hot Chocolate (coconut milk)	300	N	N	N	N	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N	
Kids Hot Chocolate (oat milk)	182	N	N	N	Y	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N	
Kids Hot Chocolate (soya milk)	208	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N	
Kiddiccino (Warm Skimmed Milk)	89	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Kiddiccino (Warm Whole Milk)	149	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Kiddiccino (Warm Almond Milk)	43	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N	
Kiddiccino (Warm Coconut Milk)	85	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	
Kiddiccino (Warm Oat Milk)	109	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N	
Kiddiccino (Warm Soya Milk)	105	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	
Millionaires Hot Chocolate (skimmed milk) Regular	369	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Millionaires Hot Chocolate (skimmed milk) Large	498	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Millionaires Hot Chocolate (whole milk) Regular	413	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Millionaires Hot Chocolate (whole milk) Large	557	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Millionaires Hot Chocolate (almond milk) Regular	336	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N	
Millionaires Hot Chocolate (almond milk) Large	454	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N	
Millionaires Hot Chocolate (coconut milk) Regular	366	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	
Millionaires Hot Chocolate (coconut milk) Large	494	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	
Millionaires Hot Chocolate (oat milk) Large	518	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N	
Millionaires Hot Chocolate (oat milk) Regular	384	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N	
Millionaires Hot Chocolate (soya milk) Large	514	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	
Millionaires Hot Chocolate (soya milk) Regular	381	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	

***ALLERGY ADVICE - OUR HOT CHOCOLATE POWDER DOES CONTAIN MILK, ANY MILK CHANGES WON'T REMOVE THE ALLERGEN**

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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SEASONAL DRINKS

Salted Caramel Latte with Cream (whole milk) Regular	252	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Salted Caramel Latte with Cream (whole milk) Large	308	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Salted Caramel Latte with Cream (skimmed milk) Regular	208	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Salted Caramel Latte with Cream (skimmed milk) Large	249	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Salted Caramel Latte with Cream (almond milk) Regular	175	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	Hazelnuts, Pecans, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Salted Caramel Latte with Cream (almond milk) Large	205	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	Hazelnuts, Pecans, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Salted Caramel Latte with Cream (coconut milk) Regular	205	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Hazelnuts, Almonds
Salted Caramel Latte with Cream (coconut milk) Large	245	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Hazelnuts, Almonds
Salted Caramel Latte with Cream (oat milk) Regular	227	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Salted Caramel Latte with Cream (oat milk) Large	274	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Salted Caramel Latte with Cream (soya milk) Regular	220	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Salted Caramel Latte with Cream (soya milk) Large	265	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Cinnamon Bun Latte (skimmed milk) Regular	151	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Cinnamon Bun Latte (skimmed milk) Large	211	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Cinnamon Bun Latte (whole milk) Regular	191	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Cinnamon Bun Latte (whole milk) Large	270	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Cinnamon Bun Latte (almond milk) Regular	121	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N	Hazelnuts, Pecans, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Cinnamon Bun Latte (almond milk) Large	168	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N	Hazelnuts, Pecans, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Cinnamon Bun Latte (coconut milk) Regular	149	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Cinnamon Bun Latte (coconut milk) Large	208	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Cinnamon Bun Latte (oat milk) Regular	168	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Cinnamon Bun Latte (oat milk) Large	237	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Cinnamon Bun Latte (soya milk) Regular	162	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Cinnamon Bun Latte (soya milk) Large	228	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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SEASONAL DRINKS

Toasted Marshmallow Latte (skimmed milk) Regular	157	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Toasted Marshmallow Latte (skimmed milk) Large	216	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Toasted Marshmallow Latte (whole milk) Regular	197	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Toasted Marshmallow Latte (whole milk) Large	275	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Toasted Marshmallow Latte (almond milk) Regular	128	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N	Hazelnuts, Pecans, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Toasted Marshmallow Latte (almond milk) Large	172	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N	Hazelnuts, Pecans, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Toasted Marshmallow Latte (coconut milk) Regular	155	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Toasted Marshmallow Latte (coconut milk) Large	213	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Toasted Marshmallow Latte (oat milk) Regular	175	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Toasted Marshmallow Latte (oat milk) Large	242	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Toasted Marshmallow Latte (soya milk) Regular	169	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Toasted Marshmallow Latte (soya milk) Large	233	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Spiced Chai Latte (skimmed milk) Regular	246	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Spiced Chai Latte (skimmed milk) Large	349	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Spiced Chai Latte (whole milk) Regular	288	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Spiced Chai Latte (whole milk) Large	417	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Spiced Chai Latte (almond milk) Regular	215	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Spiced Chai Latte (almond milk) Large	298	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Spiced Chai Latte (coconut milk) Regular	244	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Spiced Chai Latte (coconut milk) Large	345	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Spiced Chai Latte (oat milk) Regular	264	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Spiced Chai Latte (oat milk) Large	378	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Spiced Chai Latte (soya milk) Regular	258	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Spiced Chai Latte (soya milk) Large	368	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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TEA

Traditional Tea Regular Mug or Pot for one (skimmed milk)	45	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Traditional Tea Regular Mug or Pot for one (whole milk)	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Traditional Tea Regular Mug or Pot for one (almond milk)	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Traditional Tea Regular Mug or Pot for one (coconut milk)	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	
Traditional Tea Regular Mug or Pot for one (oat milk)	58	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Traditional Tea Regular Mug or Pot for one (soya milk)	56	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	
Traditional Tea Pot of Tea for 2 (skimmed milk)	23	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Traditional Tea Pot of Tea for 2 (whole milk)	42	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Traditional Tea Pot of Tea for 2 (almond milk)	8	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Traditional Tea Pot of Tea for 2 (coconut milk)	21	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	
Traditional Tea Pot of Tea for 2 (oat milk)	29	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Traditional Tea Pot of Tea for 2 (soya milk)	28	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	
Decaf Tea (skimmed milk) Regular	44	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Decaf Tea (whole milk) Regular	83	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Decaf Tea (almond milk) Regular	16	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Decaf Tea (coconut milk) Regular	42	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	
Decaf Tea (oat milk) Regular	57	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Decaf Tea (soya milk) Regular	55	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	
Decaf Pot of Tea for 2 (skimmed milk)	22	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Decaf Pot of Tea for 2 (whole milk)	41	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Decaf Pot of Tea for 2 (almond milk)	8	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Decaf Pot of Tea for 2 (coconut milk)	21	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	
Decaf Pot of Tea for 2 (oat milk)	29	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Decaf Pot of Tea for 2 (soya milk)	28	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	

SPECIALITY TEAS

Green Tea Sencha	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Eary Gray	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Chamomile	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Red Berry	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Peppermint	0	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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EXTRAS

Cream	47	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Chocolate Flake	51	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Pink & White Mini Mallows	20	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Vanilla Syrup	20	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Caramel Syrup	21	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Hazelnut Syrup	21	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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ICED COFFEE

Maryland Cookie Iced Latte (skimmed milk) Medium	302	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Nuts
Maryland Cookie Iced Latte (skimmed milk) Large	275	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Nuts
Maryland Cookie Iced Latte (whole milk) Medium	262	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Nuts
Maryland Cookie Iced Latte (whole milk) Large	281	Y	N	N	Y	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Nuts
Maryland Cookie Iced Latte (almond milk) Medium	236	Y	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N	Nuts
Maryland Cookie Iced Latte (almond milk) Large	252	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Nuts
Maryland Cookie Iced Latte (coconut milk) Medium	365	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Nuts
Maryland Cookie Iced Latte (coconut milk) Large	320	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Nuts
Maryland Cookie Iced Latte (oat milk) Medium	334	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Nuts
Maryland Cookie Iced Latte (oat milk) Large	341	Y	N	N	Y	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Nuts
Maryland Cookie Iced Latte (soya milk) Medium	288	Y	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N	Nuts
Maryland Cookie Iced Latte (soya milk) Large	319	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Nuts
Iced Latte (skimmed milk) Regular	51	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Iced Latte (skimmed milk) Large	61	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Iced Latte (whole milk) Regular	95	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Iced Latte (whole milk) Large	114	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Iced Latte (almond milk) Regular	18	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Iced Latte (almond milk) Large	22	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	
Iced Latte (coconut milk) Regular	48	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Latte (coconut milk) Large	58	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Latte (oat milk) Regular	66	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Iced Latte (oat milk) Large	79	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Iced Latte (soya milk) Regular	64	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Latte (soya milk) Large	76	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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ICED COFFEE

Iced Mocha (skimmed milk) Regular	132	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Mocha (skimmed milk) Large	182	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Mocha (whole milk) Regular	176	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Mocha (whole milk) Large	235	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Iced Mocha (almond milk) Regular	98	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N	N	
Iced Mocha (almond milk) Large	142	N	N	N	N	N	N	N	N	N	N	N	Y*	Y	N	N	N	N	N	N	N	
Iced Mocha (coconut milk) Regular	129	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	
Iced Mocha (coconut milk) Large	178	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	
Iced Mocha (oat milk) Regular	146	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N	N	
Iced Mocha (oat milk) Large	200	N	N	N	Y	N	N	N	N	N	N	N	Y*	N	N	N	N	N	N	N	N	
Iced Mocha (soya milk) Regular	144	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	
Iced Mocha (soya milk) Large	197	N	N	N	N	N	N	N	N	N	N	Y	Y*	N	N	N	N	N	N	N	N	
Cinnamon Bun Iced Latte (skimmed milk) Regular	152	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	Soya
Cinnamon Bun Iced Latte (skimmed milk) Large	194	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	Soya
Cinnamon Bun Iced Latte (whole milk) Regular	190	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	Soya
Cinnamon Bun Iced Latte (whole milk) Large	238	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	Soya
Cinnamon Bun Iced Latte (almond milk) Regular	124	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N	N	Hazelnuts, Pecans, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Cinnamon Bun Iced Latte (almond milk) Large	161	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N	N	Hazelnuts, Pecans, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Cinnamon Bun Iced Latte (coconut milk) Regular	150	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	
Cinnamon Bun Iced Latte (coconut milk) Large	191	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	
Cinnamon Bun Iced Latte (oat milk) Regular	169	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	Soya
Cinnamon Bun Iced Latte (oat milk) Large	213	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	Soya
Cinnamon Bun Iced Latte (soya milk) Regular	163	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	
Cinnamon Bun Iced Latte (soya milk) Large	206	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	

***ALLERGY ADVICE - OUR HOT CHOCOLATE POWDER DOES CONTAIN MILK, ANY MILK CHANGES WON'T REMOVE THE ALLERGEN**

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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CREAMY FRAPPES

Maryland Cookie Frappe (Skimmed Milk) Medium	397	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Nuts
Maryland Cookie Frappe (Skimmed Milk) Large	368	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Nuts
Maryland Cookie Frappe (Whole Milk) Medium	376	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Nuts
Maryland Cookie Frappe (Whole Milk) Large	380	Y	N	N	Y	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Nuts
Maryland Cookie Frappe (Almond Milk) Medium	346	Y	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N	Hazelnuts, Pecans, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias, nuts
Maryland Cookie Frappee (Almond Milk) Large	366	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Nuts
Maryland Cookie Frappe (Coconut Milk) Medium	517	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Nuts
Maryland Cookie Frappe (Coconut Milk) Large	482	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Nuts
Maryland Cookie Frappe (Oat Milk) Medium	492	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Nuts
Maryland Cookie Frappe (Oat Milk) Large	497	Y	N	N	Y	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Nuts
Maryland Cookie Frappe (Soya Milk) Medium	455	Y	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N	Hazelnuts, Pecans, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias, nuts
Maryland Cookie Frappe (Soya Milk) Large	479	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
Banoffee Frappe (Skimmed Milk) Medium	334	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	Not suitable for vegetarians
Banoffee Frappe (Skimmed Milk) Large	476	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	Not suitable for vegetarians
Banoffee Frappe (Whole Milk) Medium	363	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	Not suitable for vegetarians
Banoffee Frappe (Whole Milk) Large	511	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	Not suitable for vegetarians
Banoffee Frappee (Almond Milk) Medium	312	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N	Hazelnuts, Pecans, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias. Not suitable for vegetarians
Banoffee Frappee (Almond Milk) Large	449	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	N	N	N	Hazelnuts, Pecans, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias. Not suitable for vegetarians
Banoffee Frappe (Coconut Milk) Medium	332	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Not suitable for vegetarians
Banoffee Frappe (Coconut Milk) Large	473	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Not suitable for vegetarians
Banoffee Frappe (Oat Milk) Medium	347	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	Not suitable for vegetarians
Banoffee Frappe (Oat Milk) Large	491	N	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	Not suitable for vegetarians
Banoffee Frappe (Soya Milk) Medium	352	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Not suitable for vegetarians
Banoffee Frappe (Soya Milk) Large	485	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	Not suitable for vegetarians

ALLERGY ADVICE - WE DO NOT SERVE ANY FRAPPES WITH DAIRY FREE ALTERNATIVE MILKS

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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CREAMY FRAPPES

Jammie Dodger Frappe (Skimmed Milk) Medium	387	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	Y	N	N	
Jammie Dodger Frappe (Skimmed Milk) Large	522	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	Y	N	N	
Jammie Dodger Frappe (Whole Milk) Medium	416	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	Y	N	N	
Jammie Dodger Frappe (Whole Milk) Large	557	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	Y	N	N	
Jammie Dodger Frappee (Almond Milk) Medium	365	Y	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	Y	N	N	Hazelnuts, Pecans, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Jammie Dodger Frappee (Almond Milk) Large	496	Y	N	N	N	N	N	N	N	N	N	Y	Y	Y	N	N	N	Y	N	N	Hazelnuts, Pecans, Cashews, Walnuts, Brazil nuts, Pistachios, Macadamias
Jammie Dodger Frappe (Coconut Milk) Medium	385	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	Y	N	N	
Jammie Dodger Frappe (Coconut Milk) Large	520	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	Y	N	N	
Jammie Dodger Frappe (Oat Milk) Medium	400	Y	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	Y	N	N	
Jammie Dodger Frappe (Oat Milk) Large	537	Y	N	N	Y	N	N	N	N	N	N	N	Y	N	N	N	N	Y	N	N	
Jammie Dodger Frappe (Soya Milk) Medium	395	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	Y	N	N	
Jammie Dodger Frappe (Soya Milk) Large	532	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	Y	N	N	
Espresso Frappe (skimmed milk) Regular	176	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Espresso Frappe (skimmed milk) Large	199	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Espresso Frappe (whole milk) Regular	200	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Espresso Frappe (whole milk) Large	225	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Triple Chocolate Frappe (skimmed milk) Regular	303	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Triple Chocolate Frappe (skimmed milk) Large	386	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Triple Chocolate Frappe (whole milk) Regular	332	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Triple Chocolate Frappe (whole milk) Large	427	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	

ALLERGY ADVICE - WE DO NOT SERVE ANY FRAPPES WITH DAIRY FREE ALTERNATIVE MILKS

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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FRUIT SMOOTHIES

Strawberry & Banana Smoothie Regular	177	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Strawberry & Banana Smoothie Large	197	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Mango Pineapple & Passionfruit Regular	179	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Mango Pineapple & Passionfruit Large	199	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Super Berry Smoothie Regular	192	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Super Berry Smoothie Large	212	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	

MILKSHAKES

Chocolate Milkshake (skimmed milk) Regular	447	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Chocolate Milkshake (skimmed milk) Large	581	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Chocolate Milkshake (whole milk) Regular	491	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Chocolate Milkshake (whole milk) Large	640	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Vanilla Milkshake (skimmed milk) Regular	406	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Vanilla Milkshake (skimmed milk) Large	520	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Vanilla Milkshake (whole milk) Regular	450	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Vanilla Milkshake (whole milk) Large	579	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Strawberry Milkshake (skimmed milk) Regular	537	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Strawberry Milkshake (skimmed milk) Large	681	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Strawberry Milkshake (whole milk) Regular	581	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Strawberry Milkshake (whole milk) Large	740	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Banana Milkshake (skimmed milk) Regular	426	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Banana Milkshake (skimmed milk) Large	550	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Banana Milkshake (whole milk) Regular	471	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Banana Milkshake (whole milk) Large	609	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	

ALLERGY ADVICE - WE DO NOT SERVE ANY MILKSHAKES WITH DAIRY FREE ALTERNATIVE MILKS

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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ICED TEAS

Green Tea & Peach Iced Tea Regular	88	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Green Tea & Peach Iced Tea Large	131	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Lemon Iced Tea Regular	58	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Lemon Iced Tea Large	87	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	

ICED LEMONADES

Pineapple Iced Lemonade Medium	117	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Pineapple Iced Lemonade Large	153	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Traditional Lemonade Regular	77	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Traditional Lemonade Large	102	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Passionfruit Iced Lemonade Regular	102	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Passionfruit Iced Lemonade Large	124	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Rhubarb Lemonade Regular	318	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Rhubarb Lemonade Large	385	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	

BUBBLE LEMONADES

Peach Bubble tea Medium	109	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Milk
Peach Bubble Tea Large	134	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Milk
Mango & Passionfruit Bubble Lemonade Regular	284	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Mango & Passionfruit Bubble Lemonade Large	337	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Cloudy Strawberry Bubble Lemonade Regular	316	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	
Cloudy Strawberry Bubble Lemonade Large	362	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	

Ice Cream

Product	Kcal (Per 100g)	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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ICE CREAM

Strawberry Ice Cream		N	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	
Mint Chocolate Ice Cream		N	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	
Bourbon Vanilla Ice Cream		N	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N	
Cookies & Cream Ice Cream		Y	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	
Double Chocoalte Ice Cream		N	N	N	N	N	N	N	Y	N	N	Y	Y	N	N	N	N	N	N	N	
Honeycombe Ice Cream		N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Raspberry Sorbet		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	

ICE CREAM EXTRAS

Waffle Cone Small		Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	
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Sugars & Condiments

Extras

Product	Kcal	Gluten / Wheat	Gluten / Rye	Gluten / Barley	Gluten / Oats	Gluten / Spelt	Gluten / Kamut	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphur Dioxide/ Sulphites	Lupin	Molluscs	May contain
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SUGARS & CONDIMENTS

White Sugar Sticks		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Brown Sugar Sticks		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Canderel Sweetner		N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	
Pepper Sachet		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Salt Sachet		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	

EXTRAS

Mayonnaise Sachets		N	N	N	N	N	N	N	Y	N	N	N	N	N	N	Y	N	N	N	N	
Tomato Ketchup Sachets		N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	
Brown Sauce Sachets		Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Strawberry Jam		N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Butter Portions		N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	